

Updates:

Update: August 24, 2010
Congratulations to:

- Sempai Adrew Watson, 5th place in Jr. Pan American Championships
- Sempai Jordan Valle, 4th place in Jr. Pan American Championships

Update: July 10 & 11, 2010

Congratulations to all!

The following athletes made the Jr. USA National Team: Jordan Valle, Andrew Watson, Ken Wada (alternate). They will be traveling to Montreal, Canada for the Jr. Pan American Championships.

Sempai Diego made the Sr. National team pool for Kata

Sempai Sean Ascani takes bronze in intermediate kata

Sempai Charles finishes 4th in elite kumite team trials

Sempai Jordan finishes 4th in elite kumite team trials

Sempai Ken (ojii-chan) 3rd in elite kumite team trials

Update: July 9th, 2010

After a grueling day of kata competition, Shukokai International takes three medals. Sempai Andrew and Diego meet in the semi-finals, and battle it out for the finals. Here are the results:

Sempai Diego Wins Gold in Open Kata and is now the 2010 USA National Champion

Sempai Andrew Wins Bronze in Open Kata

Sempai Ken (Ojii-chan) Wins Bronze in 12year old Open Kata

Sempai Sean Ascani Wins Bronze in Intermediate kata

More to come...

Now in.... July 8th, 2010

Men's Team Kata Wins Gold at nationals (team members: Sempai Andrew, Bertram, and Diego)

Sempai Ken (Ojii-chan) takes Gold in Kata

Sempai Tanya takes Gold in Women's Kata

Sempai Jordan takes Silver in Girl's 16-17 years old elite Kata (member of Jr National Team)

Sempai Andrew takes Silver in Men's 18-20 years old elite Kata (member of Jr National Team)

Sempai Diego takes Bronze in Men's Kata (member of Sr. National Team pool)

Sempai Sean Ascani takes Bronze in Men's Shito-Ryu Kata

First day down. More to come tomorrow...

Now offering a innovative way to increase your training by using, "resistance band training". Click on "Links" and click on

"Sports performance", then on "Resistance Band Training" and start your new innovative training today. Endorsed by Japan Martial Arts Center.

New "Shuko-kai Internaitonal", T-shirts now in... Please place your order within.

JAPAN MARTIAL ARTS CENTER:
Grand Opening Garden Grove location:
Sensei Patrick Doan
10526 McFadden Ave. Garden Grove
(714)531-0109

```
&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;lt;!--
/* Font Definitions */
@font-face
{font-
family:&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;
p;quot;Arial Unicode
MS&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;
uot;;
panose-1:2 11 6 4 2 2 2 2 4;
mso-font-charset:128;
mso-generic-font-family:swiss;
mso-font-pitch:variable;
mso-font-signature:-1 -369098753 63 0 4129279 0;}
@font-face
{font-
family:&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;
p;quot;\@Arial Unicode
MS&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;
uot;;
panose-1:2 11 6 4 2 2 2 2 4;
mso-font-charset:128;
mso-generic-font-family:swiss;
mso-font-pitch:variable;
mso-font-signature:-1 -369098753 63 0 4129279 0;}
/* Style Definitions */
p.MsoNormal, li.MsoNormal, div.MsoNormal
{mso-style-
parent:&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;
p;quot;&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;
amp;quot;;
margin:0in;
margin-bottom:.0001pt;
mso-pagination:widow-orphan;
font-size:12.0pt;
font-
family:&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;
p;quot;Times New
Roman&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;
p;quot;;
mso-fareast-font-
family:&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;
p;quot;Times New
Roman&amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;amp;
p;quot;;}
@page Section1
{size:8.5in 11.0in;
margin:1.0in 1.25in 1.0in 1.25in;
mso-header-margin:.5in;
mso-footer-margin:.5in;
mso-paper-source:0;}
div.Section1
{page:Section1;}
```


- Pick up a copy of the Fountain Valley View and read the article on JMAC. I'd like to thank Fountain Valley View for featuring our program.
- All of us at JMAC hopes that everyone had great NEW YEARS. A reflection of 2007 we at JMAC would like to acknowledge some of the students for their diligent study of the martial arts and in school. 2007 worked out to be a great year for us.
- 2007 Jr. Olympics we took home 8 medals, USA Nationals 12 medals, 5 new national champions 4 qualified for the Jr. and Senior Naitonal Narate Team, Sempai Tanya places 4th at Austria Open, Summer Martial Arts camp wow's the community (karate, ju-jitsu/judo, iai-do, and cultural activities), Abdula Khalid takes JMAC Kata Challenge and Sempai Charles Watson Takes JMAC Kumite Challenge, Sempai Brian Tang takes bronze in Jr. Pan-americans in Ecuador, Leroy Parlade takes a trip to Washington DC to participate in the model united nations.
- In addition to the great athletic achievements, our JMAC competition team holds a combined GPA of 3.7. We hope to see everyone back and training for their New Year's resolution.
- We would like to say thank you for all your support. We look forward to see what's in store for 2008.